

## INTERDISCIPLINARY PAIN ROUNDS



**Date:** Wednesday, October 25, 2017

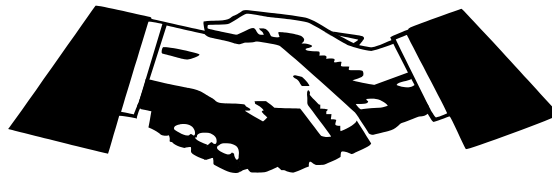
**Time:** 4:30-6:00 pm

**Location:** SJHC - Thompson Amphitheatre - Rm. B2-075

**Speaker:** Dr. Heather Getty, Clinical and Rehabilitation Psychologist, SJHC

**Title:** Insecure Attachment Styles and Their Relationships with Adjustment in Chronic Pain

- Objectives:**
- 1) To identify how different attachment styles (and corresponding psychological capacities such as 'mentalization') develop and shape responses to stressors, including pain.*
  - 2) To outline how insecure attachment styles lead to poorer adjustment and poorer treatment outcomes among pain patients.*
  - 3) To discuss ways in which psychosocial 'stepped care' programming may best address the needs of these vulnerable pain patients.*



*Interdisciplinary Pain Rounds are a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada.*