

Register now for the  
**Pain Management Program  
Educational Workshop**

Friday, November 2, 2018

8:00 am – 4:00 pm

Please join us for an up-to-date review on:

## **CHRONIC LOW BACK PAIN**

Review will include:

- Occupational therapy, physiotherapy, and psychology management
- Back pain pharmacotherapy
- Non-surgical interventions
- How to safe guard your practice including opioids and cannabinoids

**Where:** St. Joseph's Hospital, Shuttleworth Auditorium,  
268 Grosvenor St., London, ON  
Zone D, Level 0, Room D0-104

**Lunch and refreshments will be provided.**

**For more information and to register, visit:**

[www.sjhc.london.on.ca/chronic-pain-clinic-education-day](http://www.sjhc.london.on.ca/chronic-pain-clinic-education-day)

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 4.5 Mainpro+ credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.



**REGISTRATION FORM – PAIN MANAGEMENT PROGRAM**  
**EDUCATION WORKSHOP – CHRONIC LOW BACK PAIN**  
**FRIDAY NOVEMBER 2, 2018 (0800-1600)**

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Name of Hospital/Clinic and Mailing Address:  
\_\_\_\_\_

E-Mail: \_\_\_\_\_

I will attend the luncheon: Yes: \_\_\_\_ No: \_\_\_\_ Please let us know of any dietary restrictions

**Registration Fees:**

- Physicians - \$200**
- Nurses, Allied Health Professionals - \$125**
- Students, Residents, Fellows - \$75**

Registration and payment must be submitted by **Friday, October 19, 2018**

Payment can be made by credit card by visiting:

<https://www.sjhc.london.on.ca/chronic-pain-clinic-education-day>

Please make all cheques payable to **St. Joseph's Health Care** and mail to:

Danielle McVeeny  
Pain Management Program, Room B3-628  
St. Joseph's Hospital  
PO Box 5777, Stn B  
London, ON N6A 4V2

Registration forms can be e-mailed to [danielle.mcveeney@sjhc.london.on.ca](mailto:danielle.mcveeney@sjhc.london.on.ca) or faxed to 519-646-6376.

CARING FOR THE BODY, MIND & SPIRIT SINCE 1869

Renowned for compassionate care, St. Joseph's is one of the best academic health care organizations in Canada dedicated to helping people live to their fullest by minimizing the effects of injury, disease and disability through excellence in care, teaching and research.

## Up-to-Date Review of Lower Back Pain

Date: Friday, November 2, 2018

Time: 8:30 am-4:00 pm

Location: St. Joseph's Hospital, Shuttleworth Auditorium,  
268 Grosvenor St., London, ON  
Zone D, Level 0, Room D0-104

### LEARNING OBJECTIVES:

- Understand the role of occupational therapy, physiotherapy, and psychology in the management of lower back pain
- Appreciate the variety of pharmacologic options
- Understand the role of non-surgical interventions
- Learn strategies on how to safe guard your practice when prescribing controlled substances
- Appreciate new ministry driven strategies for managing this patient population

Moderated by: Dr. Collin Clarke	
<b>8:30-8:50 am</b>	<b>Registration</b>
<b>8:50-9:00 am</b>	<b>Opening Remarks – Dr. Collin Clarke</b>
9:00-9:40 am	Clinical Management and Expected Outcomes in Mechanical Low Back Pain Dr. Fawaz Siddiqi
9:40–10:20 am	Non-Surgical Intervention for Lumbar Mediated Pain Dr. Qutaiba Tawfic
10:20-10:35 am	<i>Refreshment Break</i>
10:35-11:15 am	Role of Psychology in the Management of Lower Back Pain Dr. Heather Getty
11:15-11:55 am	Evidence Based Review of Pharmacologic Management of Back Pain Ms. Denise Kreutzwiser
11:55-12:55 pm	<i>Lunch</i>
12:55-1:35 pm	Occupational and Physical Therapy for the Management of Lower Back Pain Ms. Karin Hobby and Ms. Gillian Fish and Ms. Stacey Gicante
1:35-2:30 pm	How to Safeguard your Practice when Prescribing Controlled Substances Dr. Collin Clarke
2:30-2:45 pm	Evaluation Form Completion
<b>2:45 – 3:15 pm</b>	<b>Closing Remarks – Dr. Collin Clarke</b>

25% of this program is dedicated to participant interaction

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This program has no commercial support.

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